

A Busy Day Without Saying “Busy”: 3 Better English Words

English learning resource · ES

Key words & expressions · English + Spanish

3 learning entries

Study task: Listen again and notice the expressions you studied.

1

hectic

frenético · ajetreado

DEF

Full of fast, intense and sometimes confused activity.

Usually describes a day, morning, schedule, week or period—not the person experiencing it.

ES

Lleno de actividad rápida, intensa y algo caótica.

Suele describir un día, una mañana o una agenda, no a la persona.

It was hectic.

Fue frenético.

It has been a hectic day.

Ha sido un día ajetreado.

2

overwhelmed

abrumado · sobrepasado

DEF

Feeling unable to cope because there is too much to do, think about or experience.

Describes a person's feeling. Common patterns are feel overwhelmed and be overwhelmed by/with something.

ES

Sentir que no se puede afrontar todo porque hay demasiado que hacer o procesar.

Describe a una persona; suele usarse con feel/be overwhelmed y by/with.

I felt overwhelmed.

Me sentí abrumado.

I feel overwhelmed by everything I need to do.

Me siento sobrepasado por todo lo que tengo que hacer.

3

manageable

manejable · abordable

DEF

Difficult or substantial, but still possible to deal with or control.

Often describes work, costs, pain, schedules, tasks or problems.

ES

Difícil o considerable, pero posible de afrontar o controlar.

Suele describir trabajo, costes, dolor, tareas, agendas o problemas.

The afternoon felt manageable.

La tarde parecía manejable.

The project looks manageable now.

Ahora el proyecto parece abordable.

