

From Under the Weather to Over the Moon: 4 Feeling Idioms

English learning resource · ES

Key words & expressions · English + Spanish

3 learning entries

Study task: Listen again and notice the expressions you studied.

1

under the weather

indispuesto · algo enfermo

DEF

Feeling slightly ill or not as well as usual.

Usually describes a minor illness and commonly follows be or feel.

ES

Sentirse ligeramente enfermo o peor de lo habitual.

Suele indicar una molestia leve y aparece después de be o feel.

I am a little under the weather.

Estoy un poco indispuesto.

She felt under the weather, so she stayed home.

Se encontraba algo enferma.

2

down in the dumps

desanimado · bajo de ánimo

DEF

Feeling unhappy, discouraged or emotionally low.

Describes a temporary mood, not physical illness.

ES

Sentirse triste, desanimado o emocionalmente decaído.

Describe un estado de ánimo temporal, no una enfermedad física.

I was down in the dumps.

Estaba desanimado.

He has been down in the dumps since the exam.

Ha estado bajo de ánimo.

3

over the moon / on cloud nine

eufórico · en una nube

DEF

Extremely happy, especially after receiving wonderful news.

The two idioms are often interchangeable. Use be over the moon and be on cloud nine; cloud nine takes no article.

ES

Estar extremadamente feliz, especialmente después de una gran noticia.

Las dos expresiones suelen ser intercambiables y se construyen con be.

I was over the moon.

Estaba eufórico.

They have been on cloud nine since the wedding.

Están en una nube.

