

Stop Saying Angry: Annoyed, Frustrated or Furious?

English learning resource · ES

Line-by-line · English + Spanish

70 lines

Study task: Listen again and notice the expressions you studied.

Julia, the ticket machine would not accept my card.

Julia, la máquina de billetes no aceptaba mi tarjeta.

Then the app froze.

Después, la aplicación se bloqueó.

I was angry.

Estaba enfadado.

Angry is possible, Martin.

Angry es posible, Martin.

But were you a little irritated, unable to do what you needed, or absolutely full of anger?

Pero ¿estabas un poco molesto, no podías hacer lo que necesitabas o estabas completamente lleno de ira?

The middle one.

La opción del medio.

I wanted a ticket, and nothing worked.

Quería un billete y nada funcionaba.

Then frustrated might describe your experience more precisely.

Entonces frustrated podría describir tu experiencia con más precisión.

Welcome to Precision English, from Your English Toolbox.

Bienvenidos a Precision English, de Your English Toolbox.

I am Julia.

Soy Julia.

And I am Martin.

Y yo soy Martin.

Today we are comparing annoyed, frustrated and furious.

Hoy comparamos annoyed, frustrated y furious.



Three useful words, but not three identical meanings.

Tres palabras útiles, pero no tres significados idénticos.

Let us start with annoyed.

Empecemos con annoyed.

Annoyed means slightly angry or irritated.

Annoyed significa algo enfadado o irritado.

Something bothers you, but the feeling is usually not extreme.

Algo te molesta, pero la sensación normalmente no es extrema.

For example: I was annoyed because someone kept talking during the film.

Por ejemplo: estaba molesto porque alguien no paraba de hablar durante la película.

Or: She was annoyed with me for leaving the kitchen untidy.

O: estaba molesta conmigo por dejar la cocina desordenada.

We can be annoyed with a person, or annoyed about a situation.

Podemos estar annoyed with una persona o annoyed about una situación.

The noise on the train annoyed me, but it did not ruin my whole day.

El ruido del tren me molestó, pero no me arruinó todo el día.

Exactly.

Exacto.

Our second word is frustrated.

Nuestra segunda palabra es frustrated.

Frustrated describes the unpleasant feeling of being unable to achieve what you want, especially because something keeps getting in the way.

Frustrated describe la sensación desagradable de no poder conseguir lo que quieres, especialmente porque algo se interpone una y otra vez.

That was the ticket machine.

Eso me pasó con la máquina de billetes.

I tried my card, then the app, then my card again.

Probé con la tarjeta, después con la aplicación y después otra vez con la tarjeta.

I could not move forward.

No podía avanzar.

You were frustrated with the machine.

Estabas frustrated with la máquina.



Another example: He felt frustrated because he could understand the conversation but could not find the words to reply.

Otro ejemplo: se sentía frustrado porque entendía la conversación, pero no encontraba las palabras para responder.

An English learner may recognise that feeling.

Una persona que aprende inglés quizá reconozca esa sensación.

Yes, and it does not mean they are failing.

Sí, y no significa que esté fracasando.

It describes the feeling when progress is blocked.

Describe lo que sientes cuando no puedes progresar.

We can say frustrated with something, or frustrated by a problem.

Podemos decir frustrated with something o frustrated by a problem.

So frustrated is not simply a stronger version of annoyed.

Así que frustrated no es simplemente una versión más intensa de annoyed.

Correct.

Correcto.

The cause matters.

La causa importa.

You can feel frustrated without being very angry with anyone.

Puedes sentirte frustrado sin estar muy enfadado con nadie.

Your own difficult task may be enough.

Tu propia tarea difícil puede bastar.

Our third word is furious.

Nuestra tercera palabra es furious.

Furious means extremely angry.

Furious significa extremadamente enfadado.

Imagine that somebody deliberately damages your car and then laughs about it.

Imagina que alguien daña tu coche a propósito y después se ríe.

You might be furious.

Podrías estar furioso.

For example: She was furious when she discovered that someone had used her bank card without permission.

Por ejemplo: se puso furiosa al descubrir que alguien había usado su tarjeta bancaria sin permiso.



Or: He was furious with his colleague for taking credit for his work.

O: estaba furioso con su compañero por atribuirse el mérito de su trabajo.

Furious is already strong.

Furious ya es intenso.

Absolutely furious sounds natural; very furious is usually unnecessary.

Absolutely furious suena natural; very furious suele ser innecesario.

Let us put all three into one ordinary day.

Pongamos las tres palabras en un día normal.

A phone keeps making little noises during a meeting.

Un teléfono no para de hacer pequeños ruidos durante una reunión.

I am annoyed.

Estoy annoyed.

You try to finish an important form, but the website keeps deleting your answers.

Intentas terminar un formulario importante, pero la web sigue borrando tus respuestas.

You are frustrated.

Estás frustrated.

Then you learn that someone deliberately lied about you.

Después descubres que alguien ha mentido sobre ti a propósito.

Depending on your reaction, you might be furious.

Según tu reacción, podrías estar furious.

Notice that the situation does not force one word.

Fíjate en que la situación no impone una única palabra.

We choose the word for the person's real feeling.

Elegimos la palabra que corresponde a lo que siente la persona.

Now you choose.

Ahora elige tú.

A small irritation: annoyed, frustrated or furious?

Una pequeña molestia: ¿annoyed, frustrated o furious?

Annoyed.

Annoyed.



You cannot solve a problem after several attempts.

No consigues resolver un problema después de varios intentos.

Frustrated.

Frustrated.

You feel extremely angry about something serious.

Sientes un enfado extremo por algo grave.

Furious.

Furious.

Now make it personal: I sometimes feel frustrated when...

Ahora hazlo personal: a veces me siento frustrado cuando...

Try completing that sentence aloud.

Intenta completar esa frase en voz alta.

Precision comes from connecting a word to a real situation.

La precisión nace de conectar una palabra con una situación real.

Our episode page at yourenglishtoolbox.com has the printable vocabulary guide, with meanings, nuances and examples.

La página del episodio en yourenglishtoolbox.com tiene la guía de vocabulario imprimible, con significados, matices y ejemplos.

Follow the link in the description.

Sigue el enlace de la descripción.

Annoyed: irritated.

Annoyed: molesto.

Frustrated: unable to make progress.

Frustrated: sin poder avanzar.

Furious: extremely angry.

Furious: extremadamente enfadado.

See you next time.

Hasta la próxima.

