

TRANSCRIPT · EPISODE 18

Slang Expressions Nobody Teaches You Ep1

Full episode script · English

59 lines

Your English Toolbox

■ Welcome to Your English Toolbox, your Slow English Podcast where we train your ears step by step. ■ I am Martin. ■ Thank you for joining me today. ■ And I am Julia. ■ We are really happy that you are here with us for a new episode.

■ Before we begin, I want to ask you one simple favour. ■ If you learn something new today, please leave a comment after listening. ■ Your comments show the platforms that our community is alive, real, and growing. ■ This support helps us reach more people and keeps this project alive every week.

■ Let me ask you something. ■ Do you understand everything native speakers say when they talk fast? ■ Or are there moments when you hear English but it suddenly feels like another language? ■ Maybe you understand every individual word, but not the meaning. ■ Maybe you hear young people speaking and think, “What are they talking about?”

■ If that happens to you, this episode will help you a lot. ■ Because today we talk about modern slang and new expressions that change quickly. ■ These expressions are everywhere on TikTok, YouTube, Instagram, series, and everyday conversations. ■ But most teachers do not teach them. ■ And traditional textbooks ignore them.

■ The result is simple. ■ You understand the grammar. ■ You understand vocabulary. ■ But when someone says, “No cap, he has zero rizz,” you feel lost. ■ And that is completely normal.

■ So today we slow down. ■ We break everything into clear examples. ■ We show you how native speakers use these expressions naturally. ■ And we help you build confidence so you can understand modern English without fear.

■ Let us start with a scene you might recognize. ■ Imagine you walk into a café in New York. ■ You order your coffee and sit down at a small table near the window. ■ Behind you, two young people are talking quickly. ■ Their conversation sounds like this.

■ “Bro, he has zero rizz. ■ No cap. ■ She was high-key into him, and he still fumbled.”

■ You listen, and you understand the individual words. ■ But the meaning is a mystery. ■ You think, “Did they just change the language completely?”

■ The answer is no. ■ They are speaking English. ■ But they are using modern slang.

■ And today you will understand all of it.

■ Our first expression is rizz. ■ Rizz means charisma when you talk to someone you like. ■ It means charm. ■ It means having a confident energy that attracts people.

■ If someone “has rizz,” they know how to flirt or speak smoothly. ■ They have emotional intelligence in social situations.

■ And if someone has zero rizz, the opposite is true. ■ They feel shy. ■ They say strange things. ■ They do not know how to approach someone they like.

■ There is also unspoken rizz. ■ This means that a person is attractive without speaking. ■ They have a style or presence that communicates confidence naturally.

■ Mini-scene. ■ Imagine you like someone at a party. ■ You walk toward them and say, “Hey, how’s it going?” ■ You smile, you speak calmly, and you make them feel comfortable. ■ Your friend looks at you and says, “Wow, you have rizz today.”

■ Our second expression is no cap. ■ No cap means “no lie.” ■ It means “I am being honest.” ■ It is a way to say that something is true.

■ For example. ■ “Your pronunciation is getting better, no cap.” ■ That means “I am telling the truth.”

■ The opposite is cap. ■ Cap means “lie” or “that is not true.” ■ If someone says something unbelievable, you can respond, “That’s cap.”

■ This expression is extremely common between young people. ■ It makes conversations faster. ■ It adds emotion and personality to the message.

■ Mini-scene. ■ A friend tells you, “I studied for 10 hours yesterday.” ■ You know he never studies. ■ You look at him and say, “Bro, that’s cap.”

■ Deadass means “seriously.” ■ It means “I am not joking.” ■ It can express strong truth, strong emotion, or strong surprise.

■ Example one. ■ “I am deadass hungry.” ■ This means “I am really hungry.”

■ Example two. ■ “You walked five kilometers in the rain, deadass?” ■ This means “Seriously?”

■ Deadass has intensity. ■ It can sound dramatic, but in a fun way.

■ Mini-scene. ■ Imagine you tell your friend, “I woke up at 4 a.m. to study English.” ■ Your friend looks at you and says, “Deadass?” ■ He cannot believe it.

■ Bet is fast, simple, and extremely useful. ■ Bet means “okay,” “sure,” “I agree,” or “let’s do it.”

■ It is a positive reaction. ■ It feels confident. ■ It is common in quick conversations and group chats.

■ Example. ■ “I will send you the notes later.” ■ “Bet.”

■ Another example. ■ “Do you want to meet at seven?” ■ “Bet.”

■ Mini-scene. ■ Your friend says, “Let’s watch that new show tonight.” ■ You answer, “Bet.” ■ Simple. ■ Clear. ■ Friendly.

■ Low-key means secretly, quietly, or a little bit. ■ It is used when you do not want to express something strongly.

■ Example. ■ “I low-key want to travel alone this year.” ■ It means you are not announcing it loudly, but the idea is inside you.

■ High-key is the opposite. ■ High-key means openly, clearly, strongly.

■ Example. ■ “I high-key love this podcast.” ■ That means you really love it and you do not hide it.

■ Mini-scene. ■ You try a new dessert, and it tastes amazing. ■ You whisper, “I low-key want another one.” ■ But five minutes later you say loudly, “Actually, I high-key love this.”

■ Now let us combine everything in a short story. ■ Listen carefully and try to notice the slang expressions.

■ Yesterday I met a friend at the gym. ■ He wanted to talk to a girl he liked, but he had zero rizz. ■ He looked nervous.

■ I told him, “Just breathe. ■ You got this.” ■ But he said, “Deadass, I am terrified.”

■ The girl walked by and smiled at him. ■ High-key she was interested. ■ It was obvious.

■ My friend tried to speak. ■ He opened his mouth. ■ No words came out. ■ Zero rizz.

■ He dropped his water bottle. ■ He said, “I low-key want to disappear right now.”

■ I laughed and said, “You will be fine. ■ Just try again later.”

■ After a few minutes he walked toward her again. ■ He said, “Hey, I like your training routine. ■ No cap.”

■ She laughed. ■ They started talking. ■ She said she wanted to get coffee after her workout.

■ My friend looked at me with wide eyes. ■ He whispered, “Bet.” ■ And then he smiled like the happiest person in the world.

■ That tiny conversation used rizz, zero rizz, deadass, no cap, low-key, high-key, and bet. ■ Now you have seen them in action. ■ And now they live in your memory much more clearly.

■ Let us practice quickly. ■ I say a sentence. ■ You think of the meaning.

■ “He has rizz.” ■ It means he has charm and confidence.

■ “No cap.” ■ It means no lie.

■ “Deadass?” ■ It means seriously?

■ “Bet.” ■ It means okay or agreed.

■ “I low-key like this.” ■ It means secretly or quietly.

■ “I high-key hate waiting in lines.” ■ It means very strongly.

■ Today you learned seven modern expressions. ■ Rizz. ■ Zero rizz. ■ No cap. ■ Cap. ■ Deadass. ■ Bet. ■ Low-key. ■ High-key.

■ These expressions appear everywhere in modern English. ■ Now you can understand them naturally.

■ In the next episode we go deeper with informal phrasal verbs that change meaning depending on the context. ■ This will help you understand native speakers even better.

■ If you enjoyed this episode, please leave a comment before you go. ■ Your comments show the platforms that our community is real, active, and growing. ■ This support is essential to keep creating new episodes every week. ■ Tell us which slang expression was new for you or which one surprised you the most.

■ Thank you for listening. ■ See you in Episode Two.
