

Viral English: Doomscrolling — One More Bad Headline

English learning resource · ES

Key words & expressions · English + Spanish

3 learning entries

Study task: Listen again and notice the expressions you studied.

1

doomscrolling

consumo compulsivo de noticias negativas

DEF

Repeatedly scrolling through negative or worrying news online, often longer than intended.

Informal digital language; it is not every long phone session, and it should not be used to mock someone's distress.

ES

Desplazarse repetidamente por noticias negativas o preocupantes en internet, a menudo más tiempo del previsto.

Lenguaje digital informal; no describe toda sesión larga con el móvil y no debe usarse para burlarse de la angustia de alguien.

I spent breakfast doomscrolling through alarming headlines.

I spent breakfast doomscrolling through alarming headlines. → Me pasé el desayuno recorriendo titulares alarmantes sin parar.

She noticed she was doomscrolling instead of getting ready for bed.

She noticed she was doomscrolling instead of getting ready for bed. → Se dio cuenta de que estaba leyendo noticias negativas sin parar en vez de prepararse para acostarse.

2

your feed

tu feed; tu flujo de publicaciones

DEF

The stream of posts or updates an app or website presents to you.

Feed is a noun here; use in my feed or on my feed, and distinguish it from the verb meaning to give food.

ES

La sucesión de publicaciones o actualizaciones que una aplicación o web te presenta.

Aquí feed es un sustantivo; se usa in my feed u on my feed y se distingue del verbo dar de comer.

I keep seeing the same headline in my feed.

I keep seeing the same headline in my feed. → No paro de ver el mismo titular en mi feed.

My feed includes photographs from friends and updates from local museums.

My feed includes photographs from friends and updates from local museums. → Mi feed incluye fotos de amigos y novedades de museos locales.



3

get sucked into*quedar absorbido por; engancharse a***DEF**

To become deeply involved in something, sometimes without intending to.

Use into + a noun or an -ing form; the activity can be enjoyable or unhelpful, depending on context.

ES

Meterse de lleno en algo, a veces sin pretenderlo.

Usa into + sustantivo o forma en -ing; la actividad puede ser agradable o poco conveniente según el contexto.

I got sucked into reading comments and missed my bus.

I got sucked into reading comments and missed my bus. → Me quedé absorbido leyendo comentarios y perdí el autobús.

We got sucked into a fascinating story and forgot the time.

We got sucked into a fascinating story and forgot the time. → Nos enganhamos a una historia fascinante y perdimos la noción del tiempo.

