

VOCABULARY · EPISODE 75

Do Not Worry About Your English Accent

Key words & expressions · English + ■■■■■■

10 words

Your English Toolbox

1

to embrace your accent

ن ت ف ر ی ذ پ ا ر ت ا ه ج ه ل ر ا خ ت ف ا ا ب ن ت ف ر گ ش و غ آ ر د ا ر ت ا ه ج ه ل

DEF

to accept and take pride in the way you speak, rather than treating your accent as a flaw to be hidden or eliminated

Embrace your accent is a shift from 'fix' to 'own' — it is recognising that an accent carries identity, culture, and story. Research shows that people who embrace their accents actually improve their pronunciation faster than those who are ashamed of it.

ن ا ه ن پ د ی ا ب ه ک ی ن ا د ب ی ص ق ن ا ر ت ا ه ج ه ل ه ک ن ی ا ی ا ج ه ب ی ن ک ل ی م ت ب ح ص ه ک ی ش و ر ه ب ن د ر ک ر ا خ ت ف ا و ن ت ف ر ی ذ پ د و ش ف ذ ح ای

ل م ح ن ا ت س ا د و گ ن ه ر ف ، ت ی و ه ه ج ه ل ه ک ن ی ا ن ت خ ا ن ش ت س ا ن د ش ب ح ا ص ه ب ن د ر ک ت س ر د ز ا ر ی ی غ ت

د ن ک ل ی م

Embrace your accent — it tells people where you come from and that you have worked to learn something new.

ی د ی ذ ج ز ی چ ی ر ی گ د ای ی ا ر ب و ی ا ه د م آ ا ج ک ز ا د ی و گ ل ی م م د ر م ه ب ر ی گ ب ش و غ آ ر د ا ر ت ا ه ج ه ل .

ی ا ه د ر ک ش ا ل ت

The best English speakers in the world have accents — what they share is confidence, not a neutral voice.

د ا م ت ع ا د ن ر ا د ک ر ت ش م ه چ ن آ د ن ر ا د ه ج ه ل ای ن د ی س ی ل گ ن ا ن ا گ د ن ن ک ا ت ب ح ص ن ی ر ت ه ب .

ی ث ن خ ی ا د ص ک ی ه ن ت س ا

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Intelligibility

ندش کردی ت ح ا ر ه ب ن د و ب م ه ف ل ب ا ق

DEF

the quality of speech or text that makes it easy to understand — being clear enough to be comprehended by the listener

Intelligibility is the real goal of pronunciation work, not perfection. A learner whose English is 100% intelligible has succeeded, regardless of accent. This reframing removes enormous pressure from pronunciation practice.

دمه ف ب دن او ت ب هدن ونش هکنی ا ی ا ر ب ن د و ب ح ض ا و دن کلیم ن ا س آ ر ن آ کرد هک ین تم ای ر ا ت ف گ ت ی ف ی ک
ل ا م ک ه ن ت س ا ظ ف ل ت ر ا ک ی ع ق ا و ف د ه

Focus on intelligibility, not accent — can people understand you? That is the only question that matters.

ن ی ا ؟ د ن م ه ف ب ا ر و ت د ن ن ا و ت ل ی م م د ر م ای آ ه ج ه ل ه ن ن ک ز ک ر م ت ن د و ب م ه ف ل ب ا ق ی و ر .
ت س ا م ه م ه ک ت س ا ی ل ا ؤ س ا ه ن ت

Her accent was strong but her intelligibility was perfect — every word landed exactly as she intended.

ی ت ح ا ر ه ب ا م ا د و ب ی و ق ش ا ه ج ه ل .
د م آ د و ر ف ت ش ا د د ص ق ه ک ر و ط ن آ ق ی ق د ه م ل ک ر ه د ش ل ی م ک ر د

3

to embrace

ل م ح ت ه ا ر ک ا ا ب ه ن ن ت ف ر ی ذ پ ق ا ی ت ش ا ا ب و ل م ا ک ر و ط ه ب ا ر ی ذ ی چ ز ا ب ش و ع ا ا ب ن ت ف ر ی ذ پ

ن د ر ک

DEF

to accept something fully and with enthusiasm — rather than reluctantly tolerating it

Embrace is the wholehearted acceptance verb. Unlike 'accept' which can be passive or resigned, embrace implies actively choosing and valuing something. For language learners, embracing your accent means not treating it as a problem to be solved but as a feature — part of your identity. In English-speaking contexts, non-native accents are overwhelmingly accepted when the speaker communicates clearly.

ن آ ز ی م آ ه ا ر ک ا ل م ح ت ی ا ج ه ب ی ذ ی چ ق ا ی ت ش ا ا ب و ل م ا ک ن ت ف ر ی ذ پ
ل م ا ک ش ر ی ذ پ ل ع ف

Embrace your accent as part of your identity — clarity matters more than sounding native.

ت س ا ی م و ب د ن ن ا م ن د ی س ر ر ظ ن ه ب ز ا ر ت ا م ه م ح و ض و ر ی ذ پ ت ت ی و ه ز ا ی ش خ ب ن ا و ن ع ه ب ا ر ت ا ه ج ه ل .

She stopped trying to eliminate her accent and embraced it as part of who she was — and her confidence immediately improved.

ن ا و ن ع ه ب ا ر ن آ و د ی ش ک ش ا ه ج ه ل ف ذ ح ی ا ر ب ش ا ل ت ز ا ت س د .
ت ف ا ی د و ب ه ب ا ر و ف ش س ف ن ه ب د ا م ت ع ا و ت ف ر ی ذ پ ش ت ی و ه ز ا ی ش خ ب

4 to sound natural

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دندان و لی صا، شال تایب هک ی اهوی ش هب ن تشون ای ندرک تبحص ندی سر رظن هب یعی ب ط
دوشایم ساسحا ی موب

DEF

to speak or write in a way that feels effortless, authentic, and native-like — rather than stilted or mechanical

Sound natural is the fluency goal phrase. It is what most advanced language learners ultimately aim for: not just correctness but naturalness — the ability to produce language that feels unforced. Sounding natural involves choosing the right words, using appropriate contractions and reductions, and maintaining appropriate rhythm and intonation. It is different from sounding native: many non-native speakers sound completely natural without sounding native.

ای فلکتم هن دوشایم ساسحا ی موب هی بش و لی صا، شال تایب هک ی اهوی ش هب ن تشون ای ندرک تبحص
یکی ناکم
ی اور فده ترابع

Sounding natural comes from extensive exposure and output — not from studying grammar rules.

هعلاطم زا هن دی آیم دی لوت و هدرتسگ ضرعم رد ن تفرگ رارق زا ندی سر رظن هب یعی ب ط .
ن ابز روت سد دعاق

She felt her English finally started to sound natural after six months of daily listening and speaking practice.

هن ازور نیرمت هام شش زا دعب هرخال اب ش سی سی لگنا درک ساسحا .
درک عورش ندی سر رظن هب یعی ب ط ندرک تبحص و نداد شوگ

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5 a neutral accent

دنکلی من یی اسانش صاخ هقطنم کی اب ایوق ار هدنیوگ هک ی اهجهل ی ثنخ هجهل

DEF

an accent that does not strongly identify the speaker with a specific region or country — often considered easier for international listeners to understand

Neutral accent is the intelligibility concept. Some speakers aim to reduce regional markers in their speech to make themselves more easily understood across diverse audiences. However, linguists note that truly neutral accents are rare — most 'neutral' accents in English still carry cultural markers, often of educated British or American English. What matters most is not neutrality but clarity and consistency.

ناگدنونش یارب بلغا دنکلی من یی اسانش صاخ روشک ای هقطنم کی اب ایوق ار هدنیوگ هک ی اهجهل
دوشایم هتفرگ رظن رد رتاکرد لباق ی لمل انی ب
ن دوب مه ل لباق موهفم

A neutral accent is less important than a consistent, clear one — focus on being understood.

دینک زکرمت ندوب کرد لباق رب دراد تیهماحضاو و تبات هجهل کی زا رتمک ی ثنخ هجهل .

She was advised to develop a more neutral accent for international presentations and worked on reducing heavy regional features.

هجهل ی لمل انی ب ی اههئارا یارب دش هی صوت .
درک راک نیگنس ی اهقطنم ی اهلی گژی و شهاک یور و دنک داجی ا یرتلی ثنخ

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to work on your pronunciation

نابز کی رد اہ اداص دی لوت هوی ش نداد دوبهب و ندرک نیرمت آدمع ندرک راک تظفلت یور

DEF

to deliberately practise and improve the way you produce sounds in a language

Work on your pronunciation is the phonetic improvement phrase. Pronunciation is often neglected in favour of grammar and vocabulary, but it is the most immediate barrier to being understood. Working on pronunciation means targeting specific sounds that are difficult in your first language, studying word stress and sentence rhythm, and getting feedback on your actual output — not just listening passively.

نابز کی رد اہ اداص دی لوت هوی ش نداد دوبهب و ندرک نیرمت آدمع
ی ای او دوبهب ترابع

Work on one pronunciation feature at a time — targeting everything at once leads to no real improvement.

هب هرابکی هب زیچ همه نداد رارق فده دینک راک نامز کی رد ظفلت یگژی و کی یور .
دوشی م ن رج نم ی ع ق او دوبهب

She worked on her pronunciation of English -ed endings for two weeks and was surprised by how much her speech improved.

درک راک ی سی لگنا ی اهان ای اپ ظفلت یور هتفه ود .
دش هدزات فگش شت بحص دوبهب نازیم زا و

word stress

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و رتلی نالوط ، رتدنل ب ار ن آ دری گلی م رارق هم لک کی رد اجه کی یور هک ی دی کأت هم لک هی کت
ن کای م رتال اب م ب و ری ز اب

DEF

the emphasis placed on one syllable in a word — making it louder, longer, and higher in pitch than the others

Word stress is the prosody concept. In English, stress is phonemic — it can change the meaning of a word (REcord vs reCORD) or signal grammatical function (PROtest the noun vs proTEST the verb). Learners who place stress incorrectly are often more difficult to understand than learners with heavy accents but correct stress. Getting word stress right has a disproportionately large impact on intelligibility.

م ب و ری ز اب و رتلی نالوط ، رتدنل ب هی ق ب هب تبسن ار ن آ دری گلی م رارق هم لک کی رد اجه کی یور هک ی دی کأت
دن کای م رتال اب
رات فگ گنه آ موهفم

Getting word stress right has more impact on intelligibility than eliminating your accent.

هجهل فنح ات دراد ندوب مهف ل باق رب یرتشی ب ری کأت هم لک هی کت ن تفرگ تسرد .

She studied word stress patterns for three months and found that people understood her much more easily even before her accent changed.

درک هعلاطم ار هم لک هی کت ی اهوگل ا هام هس .
دن دی مهفلی م رتت حار ی لی خ ار و ا ش اجهل ری یغت زا ل بق ی تح مدرم هک تفایرد و

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Intonation

راتفگ لوط رد عافترا رد ادص نتفر نیی اپ و ال اب راتفگ گنه آ

DEF

the rise and fall of the voice in pitch during speech — used to express meaning, emotion, and grammatical structure

Intonation is the melody of speech. It is what makes the same words sound like a question, a statement, or a command. In English, falling intonation typically signals completion or certainty; rising intonation signals a question or uncertainty. Getting intonation wrong does not make you incomprehensible — but it can make you sound flat, mechanical, or accidentally rude. It is a key element of naturalness.

هدافتسا یروتسد راتخاس و ساسحا، انعم نایب یارب راتفگ لوط رد عافترا رد ادص نتفر نیی اپ و ال اب
دوشلی م
راتفگی دول م

Intonation carries meaning beyond words — use it to sound natural and engaged.

گنه آ .

دی نک هدافتسا ندی سر رظن هب یژنارپ و یعی ب ط یارب ن آ زا دراد تاملک زا رتارف یی انعم راتفگ

She realised her intonation was too flat and started exaggerating it slightly until it felt more natural.

ات دنک قارغا می مک ار ن آ درک عورش و تسرافاص یلیخ شراتفگ گنه آ دش هجوت م .

دش ساسحا رتلیعی ب ط هکنی ا